



ARTS



PARKS



RECREATION



SENIORS



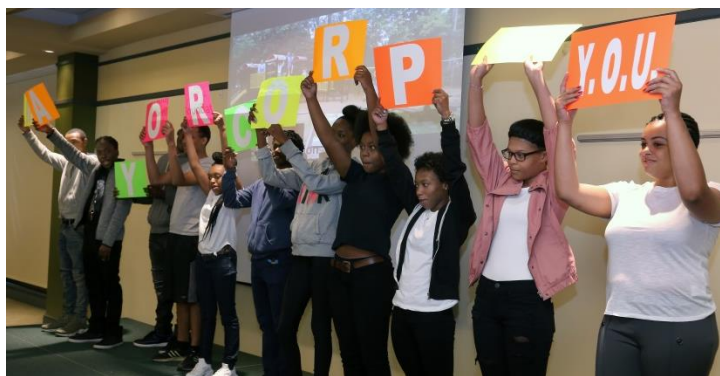
SPECIAL EVENTS



**CITY OF CLEVELAND**  
Mayor Frank G. Jackson

# Mayor's Office of Prevention, Intervention and Opportunity for Youth and Young Adults

## Neighborhood Resource & Recreation Centers 2019 Key Programs & Initiatives



# Youth Violence as a Public Health Issue

- Youth violence is a significant public health problem that can result in serious and lasting effects on the physical, mental and social health of youth.
- Youth who are victims of violence are at greater risk for many other physical and mental health problems and other difficulties, including smoking, obesity, high-risk sexual behavior, depression, academic difficulties and suicide.
- The impact of youth violence extends beyond the young perpetrators and victims to affect entire communities.

(CDC, Grande Rounds: Preventing Youth Violence, 2015)

<https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6407a2.htm>

# Comprehensive Approach to Addressing Youth Violence

- No program or initiative can address all of the factors that contribute to youth violence. A holistic approach is required- Prevention, Intervention, Opportunities and Enforcement.
- Multiple City Departments and external agencies are working collaboratively to address many of the underlying issues associated with violence and toxic stress that can negatively impact our youth, families and neighborhoods.



# Comprehensive Approach to Addressing Youth Violence

**“Investing in our Youth and Families Today to Build Stronger Neighborhoods and City of Cleveland Tomorrow”**



# Overview of PIOYYA

- In January 2017, Mayor Frank G. Jackson created the Office of Prevention, Intervention and Opportunities for Youth and Young Adults (PIOYYA) to create youth-centered programs, develop key external partnerships and align city resources—such as health, recreation, community relations, education, policing, economic development and others to address the root causes of youth violence.
- PIOYYA programs and initiatives connect youth and young adults to support systems, jobs and recreational and educational opportunities to reduce violence and support the development of the knowledge/skills necessary for success in school, the workforce, home and the community.



# Overview of PIOYYA

- In 2019, Mayor Frank G. Jackson realigned the Community Relations Board (CRB) under the Office of PIOYYA to streamline resources and increase residents' access to meaningful opportunities and comprehensive support services
- This shift also includes plans to rebrand the City's 22 recreation centers into Neighborhood Resource and Recreation Centers. This transition includes:
  - Expanded programs that more holistically serve local families and the community
  - Enhanced summer programming for youth and young adults
  - Trauma-informed care employees and social workers
  - A complete capital assessment of all Neighborhood Resource and Recreation Centers

# Key 2019 Programs/Initiatives

## I. Toxic Stress/Trauma Management Initiative

**Goals:** Create trauma-informed care community resource centers designed to:

- Prevent and reduce the adverse consequences of trauma and toxic stress on children and youth,
- Promote staff's recognition of and appropriate responses to symptoms of toxic stress and/or trauma,
- Promote recreation centers as a community resource linking children/youth, exhibiting symptoms of toxic stress, and their families to the appropriate services and resources, and
- Support recreation staff resiliency to assist staff in developing healthy coping strategies to promote employee well-being.



# Key 2019 Programs/Initiatives

## I. Toxic Stress/Trauma Management Initiative (Continued)

Over the past few months, we have engaged in the following efforts aimed at meeting these goals and transforming our recreation centers into trauma-informed care resource centers:

- Toxic Stress/Trauma Management Training for all Recreation Center Staff, Community Relations Board and Cleveland Peacemakers Alliance Outreach Workers
- Placement of Social Work Trained Trauma-Informed Coaches in our Recreation Centers
- New Programs/Activities in Recreation Centers- focused on 6 key areas:
  - 1) **Youth and Adult Education:** Programs will include K-12 academic enrichment and intervention programming, post-secondary education preparation programs, and adult education programs- GED, adult literacy instruction, ELL instruction, etc.





# Key 2019 Programs/Initiatives

## I. Toxic Stress/Trauma Management Initiative (Continued)

2) **Job and Career Readiness:** Programs will include job readiness training, job search and placement assistance and job retention services

3) **Health and Wellness:** Programs will be aimed at providing youth and adults with the tools and resources needed to improve physical, social/emotional health and overall well-being. Examples of programs include- martial arts, yoga, chronic disease management classes, etc.

4) **Youth Development, Leadership, Mentorship and Community Service:** Programs will assist youth in developing critical life and leadership skills and assist them in building on their strengths and developing skills necessary for success at home, school work and in the community

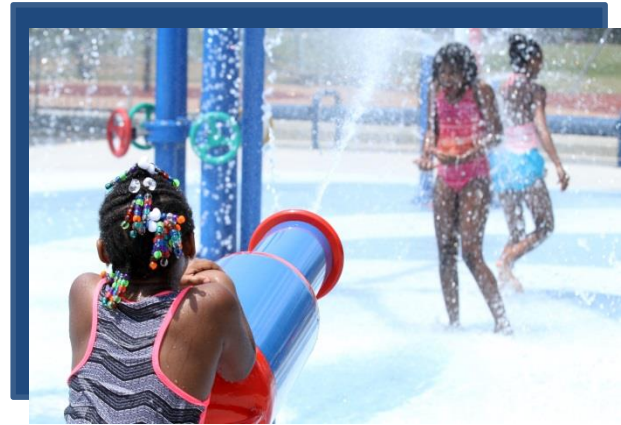


# Key 2019 Programs/Initiatives

## I. Toxic Stress/Trauma Management Initiative (Continued)

5) **The Arts:** Programs will provide students access to visual and performing arts- such as vocal and instrumental music, dance, painting, photography, etc.

6) **Sports and Recreation:** Expansion of program offerings to include activities that are not currently offered in the recreation centers- skiing, gymnastics, etc.



# Overview of 2019 Summer Program Offerings

Program	Description
Youth Soccer/ELA infusion/Community Service	Youth in grades 3-5 will learn and play the game of soccer, while at the same time engage in activities that will strengthen their writing and speaking skills. In addition, participants will complete a service-learning project.
Chess	Youth ages 5 and up will learn the game of chess while enhancing critical thinking and problem-solving skills
STEM Workshops	<p>Youth in grades K-8 will engage in multiple hands-on activities related to Science, Technology, Engineering and Mathematics (STEM). The program is designed to reinforce STEM concepts and encourage creativity and self-efficacy among students.</p> <p>In addition, programming includes a day of hands-on exploration and experimentation for youth and their families at the Great Lakes Science Center</p>

# Overview of 2019 Summer Program Offerings

Program	Description
ACT/SAT Preparation	Youth in grades 10-12 will engage in intensive ACT/SAT test prep tutoring to better prepare them to meet the demands of college entrance and Ohio graduation requirements
College and Career Exploration and Preparation	<p>Youth in grades 6-12 will engage in the following activities:</p> <p>College and career exploration activities-including college tours and post-secondary career technical education (CTE) enrollment assistance</p> <p>Financial aid guidance and support and financial literacy</p> <p>Assistance understanding and completing the college and CTE application process</p>
Urban Design Collaborative	Selected youth in grades 8-12 will engage in hands-on, on-site workshops in which they will explore their neighborhoods, identify and design physical improvements to parks and public

# Overview of 2019 Summer Program Offerings

Program	Description
Urban Design Collaborative (Continued)	spaces and construct these improvements on-site as temporary or permanent installations. These youth will receive design, construction and safety training, as well as a stipend for their participation in this effort.
Performing Arts- Theater	Youth in grades K-12 will be afforded an opportunity to participate in various theater training programs that range from beginners level to arts intensive training programs for youth that demonstrate a passion for performing arts- theater
Dance	Youth ages 5-19 will be afforded an opportunity participate in dance classes ballet, hip-hop , jazz funk and more. Special classes will be provided for youth with cognitive and/or physical disabilities .
Performing/Visual Arts	Youth in grades K-12 will be afforded an opportunity to participate in performing arts programming that will include- performance poetry and hip hop music design; Visual arts programs will include photography and mural creation/design



# Overview of 2019 Summer Program Offerings

Program	Description
Drug/Alcohol Prevention Pilot Program	Youth in grades 9-12 will explore drug/alcohol prevention through theater
Grief/Toxic Stress Counseling	Grief and toxic stress group counseling support will be offered to youth and adults (ages 5 and up) who have experienced stresses, traumas and losses in their lives that are having a negative impact on their overall well-being.
Adult Education	GED preparation, English as a Second Language instruction, digital and financial literacy skills will be offered to adults ages 18 and up.
Job and Career Readiness/Employment	Adults ages 18 and up will be afforded job and career readiness training; work experience or technical training, assistance with job placement and coaching support; and job retention and career advancement coaching services. In addition, participants will learn financial literacy skills and develop the knowledge and skills to move from poverty to self-sufficiency.

# Key 2019 Programs/Initiatives

## II. Mayor's Youth Job and Career Readiness Initiative

**Goals:** Provide high school youth meaningful summer employment and internship opportunities that support improvements in learning outcomes and social/emotional development and prepares them to compete in a 21<sup>st</sup> century global economy.



# Key 2019 Programs/Initiatives

## II. Mayor's Youth Job and Career Readiness Initiative (Continued)

### **Programs:**

- Summer Jobs (230)
- Internships (20)

## III. Youth Re-entry, Intervention and Outreach

**Goals:** Connect “high risk” and formerly incarcerated youth with the wrap-around support services, mentorship, job placement and/or career training opportunities required to prevent youth crime and reduce recidivism.



# Key 2019

## Programs/Initiatives

### **III. Youth Re-entry, Intervention and Outreach (Continued)**

#### **Programs:**

- Diversion- Mayor's Fresh Start Initiative
- Re-entry
- Outreach/Support Services

### **IV. Single Gender Youth Development Programs**

Goals: Provide single gender support groups for youth ages 9-18 designed to:

- Empower them to make positive life decisions, increase positive connections and personal/collective strengths.
- Assist them in developing into competent young ladies and men through regular discussion groups, workshops, field trips, etc.

Programming will begin in the summer and continue throughout the school year.

# Evaluation

- **Surveys**
  - a) Participants
  - b) Recreation Center Staff
  - c) Vendors



- **Observations**
- **Attendance Tracking**
- **Focus Groups**
- **Individual Performance Measures**





Thank you