

Department of Public Works

2019 LEGISLATIVE SUMMARY

CASE WESTERN RESEVE National Youth Sports Program

DIVISION:	Recreation
ORDINANCE NO.:	199-2019
CONTRACT:	To operate a daily program (Monday – Friday) for five (5) weeks, beginning June 5, 2019 thru July 5, 2019.
LEGISLATIVE PURPOSE:	The Director of Public Works shall have legislative authority to enter into a contract with Case Western Sponsors of the National Youth Sports Program (NYSP).
PREVIOUS CONTRACT:	RQS/RL 6, Fund 01, Sub-fund 001 <ul style="list-style-type: none">• \$100,000.00• June 4, 2018 – July 6, 2018 CT/PS2017 #127
ESTIMATED AMOUNT:	\$100,000.00
PROGRAM PURPOSE:	The NYSP is an instructional program that uses sports participation and competition as a vehicle to promote active, healthy lifestyles; enhance self-esteem; promote respect for oneself and others; and reinforce the importance of education to one's future. The students have an opportunity to participate in up to twelve different sports, including mandatory swimming lessons.
PROGRAM DESCRIPTION:	Combines nutrition and health services with sports activities, life skills development and education. <ul style="list-style-type: none">• Ages 8-16 may participate;• Breakfast and lunch are provided;• Every child enrolled will receive a medical examination;• Youth develop dietary and exercise practices (to promote overall health and wellness);• A maximum of 22.5 hours of educational programming and 75 hours of physical activities;• Expand sport skills opportunities (to improve physical fitness and promote an active lifestyle);• Students are exposed to career and educational opportunities on a college campus while utilizing the personnel and facilities of Case Western Reserve University (CWRU)

**PREVIOUS PROGRAM
OUTCOME** NYSP has
served on a yearly basis:

- Over 521 Registrations from the Greater Cleveland Community
- Over 521 Medical histories and physical screenings
- Over 1,500 breakfast snacks provided
- Over 10,487 lunches served

Program ratio is 8 youth to 1 staff.

Tracked and captured activity by participant: 3.5 hrs. per day x 5 days x 5 weeks= 87.5 hours (39,000 hours possible in 5 weeks).

Economic status is 75% low income/ working poor.

Presentations provided by FPB School of Nursing.