



L I V I N G F O R
EPILEPSY

The Resilience Bracelet Project & Seizure First Aid

Strengthening Community Safety Proposal Presentation for the HHSA Committee

Presented By: Raven Walker (Founder) & Monique Chavis (Program Manager)

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Our Mission

“To empower individuals living with epilepsy through awareness, education, and support, especially in African American community.”

Our Vision

To transform the landscape of epilepsy care by replacing stigma with strength, ensuring every African American living with seizures is empowered, educated, and equipped with the tools to lead a life without limits."



What is Epilepsy?

Epilepsy is a chronic non-communicable disease of the brain that is characterized by recurrent, unprovoked **seizures**. These seizures are caused by sudden, excessive electrical discharges in a group of brain cells.

Tonic-clonic seizure – Loss of consciousness with body stiffening and jerking movements.

Absence seizure – Brief staring spells with loss of awareness.

Focal aware seizure – Person is awake but experiences unusual sensations or movements.

Focal impaired awareness seizure – Confusion with repetitive behaviors and lack of awareness.

Myoclonic seizure – Sudden, brief jerking movements of muscles.

Organizational Updates

- Developed Seizure first aid brochures & Resilience Bracelet Project
- The board recommended we should add CPR Training as a community safety need.
- 70 CPR training equipment units donated from Lorain County Community College
- We have partnered with Cleveland EMS
- We are seeking funding to provide essential training and educational resources.
 - Funding will be used to purchase an Automated External Defibrillator (AED) training device, CPR training equipment.
 - Develop and manufacture durable Epilepsy First Aid posters for schools and community organizations.

The Resilience Bracelet Project



Seizure First Aid & CPR Training

Why Teach Both?

Seizure First Aid + CPR = complete emergency response

- Protect during seizures
- Respond to cardiac emergencies
- Build confidence and save lives

Be Ready. Be Confident. Save Lives.

- **Seizure First Aid:** Protect from injury, turn on side, stay until alert
- **CPR:** If not breathing, call 911 and start chest compressions

Call to Action

Life-saving skills should be known by everyone.

Build confidence, respond quickly, save lives




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"Thank you for your time and your attention today.

Raven Walker

CEO & Founder

Living For Epilepsy

 216-346-9330


 info@livingforepilepsy.org

 www.livingforepilepsy.org

Monique Chavis

Program Manager

Living For Epilepsy

 216-609-4231

 info@livingforepilepsy.org

Get Involved

“To empower individuals living with epilepsy through awareness, education, and support, especially within African American community.”