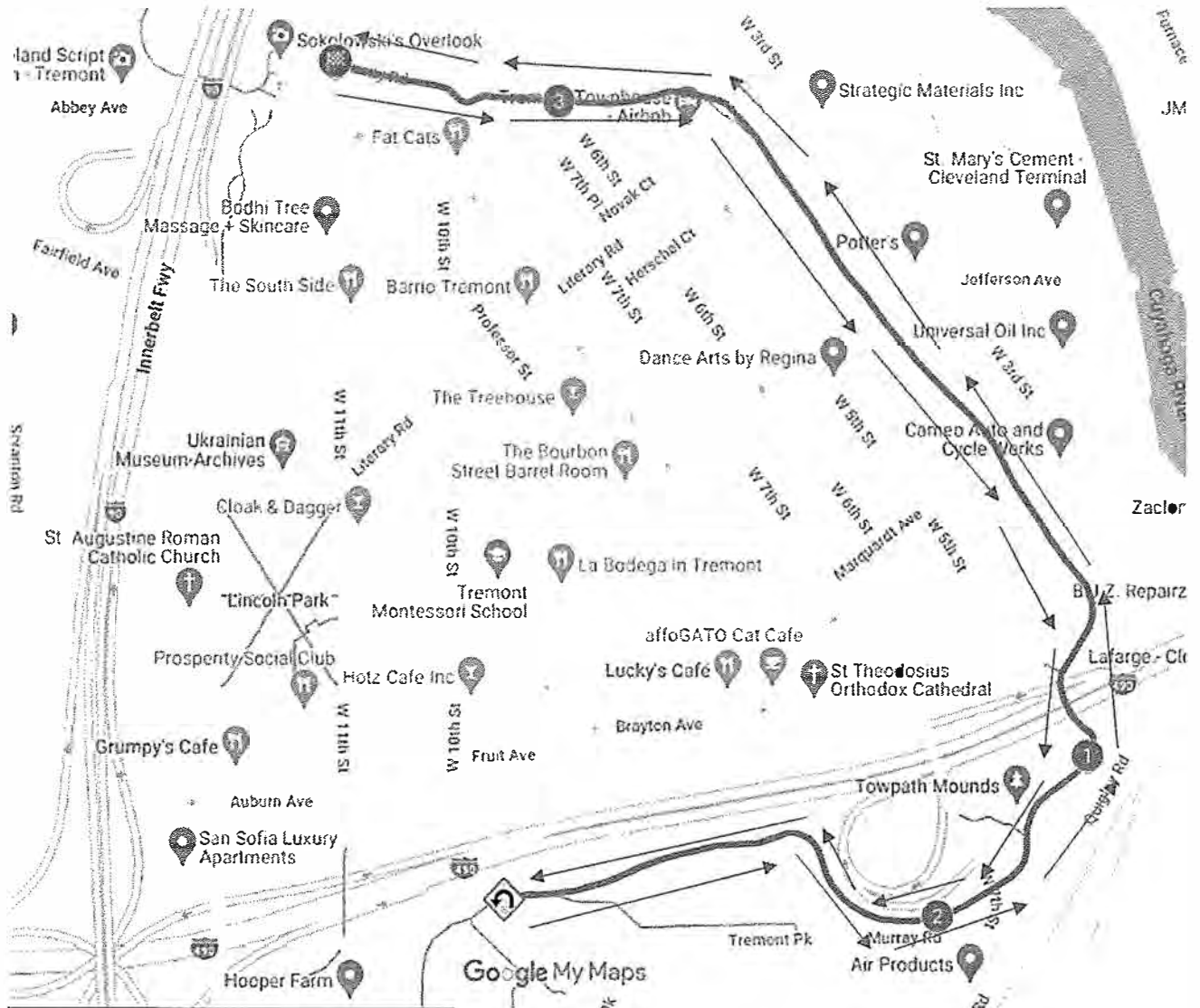


### TJ Carrie Heart Warrior Run-Walk 5K Course Map



**START: On the Towpath @ W 11th**  
**Follow the Towpath**  
**TURNAROUND**  
**Follow the Towpath**  
**FINISH: On the Towpath @ W 11th**